

Unit 10 – Sunday, November 22nd, 2020 – Christ's Resurrection and Ascension

Step 1 – Watch Pastor Andrew's video for the week (link is on the church website: www.palmerstoncrc.com).

Step 2 – Read Heidelberg Catechism Q&A 45-48 aloud with your family:

Q & A 45

Q. How does Christ's resurrection benefit us?

A. First, by his resurrection he has overcome death, so that he might make us share in the righteousness he obtained for us by his death.¹

Second, by his power we too are already raised to a new life.²

Third, Christ's resurrection is a sure pledge to us of our blessed resurrection.³

¹ Rom. 4:25; 1 Cor. 15:16-20; 1 Pet. 1:3-5

² Rom. 6:5-11; Eph. 2:4-6; Col. 3:1-4

³ Rom. 8:11; 1 Cor. 15:12-23; Phil. 3:20-21

Q & A 46

Q. What do you mean by saying, "He ascended to heaven"?

A. That Christ, while his disciples watched, was taken up from the earth into heaven¹ and remains there on our behalf² until he comes again

to judge the living and the dead.³

¹ Luke 24:50-51; Acts 1:9-11

² Rom. 8:34; Eph. 4:8-10; Heb. 7:23-25; 9:24

³ Acts 1:11

Q & A 47

Q. But isn't Christ with us until the end of the world as he promised us?¹

A. Christ is true human and true God.

In his human nature Christ is not now on earth;²

but in his divinity, majesty, grace, and Spirit
he is never absent from us.³

¹ Matt. 28:20

² Acts 1:9-11; 3:19-21

³ Matt. 28:18-20; John 14:16-19

Q & A 48

Q. If his humanity is not present
wherever his divinity is,
then aren't the two natures of Christ
separated from each other?

A. Certainly not.
Since divinity

is not limited

and is present everywhere,¹

it is evident that

Christ's divinity is surely beyond the bounds of
the humanity that has been taken on,

but at the same time his divinity is in
and remains personally united to

his humanity.²

¹ Jer. 23:23-24; Acts 7:48-49 (Isa. 66:1)

² John 1:14; 3:13; Col. 2:9

Source: (<https://www.crcna.org/welcome/beliefs/confessions/heidelberg-catechism>)

Step 3 – Discuss these talking points together as a family; feel free to adapt the questions based upon the age and developmental stage of your children.

- **DEATH** – What comes to mind when this word is spoken? Who do you know that has died? What kind of death-like experiences have you had along the way? (i.e. end of relationships, jobs, physical and mental capabilities...)
- **RESURRECTION** – How does it feel to read that, in the resurrection, Christ has overcome death and already raised us to new life (Q&A 45)?

Step 4 – Close the discussion with a time of family prayer.